



ACCA Newsletter

November 2023



Not only is the month of November the time to nationally honor Caregivers and all of the sacrifices they make for others, it also represents two additional important milestones.

The AC Care Alliance officially launched on November 12, 2013 (11.12.13)! Congratulations, ACCA, as we Celebrate our 10th Anniversary this month. It is with heart-filled gratitude, appreciation, agradecimiento, and 感恩, that I'd like to take this opportunity to thank our dedicated, amazing team, both past and present, our Pastor and Physician advisors, UC Davis and PHI partners, and our steadfast funders for their belief in the vision; that faith-based leaders and health system partners could effectively collaborate to bring better, holistic health outcomes for all people, regardless of race, gender, creed or color. Honoring Culture and Spirituality Matters!

Thanks to each of you, we have grown from 5 hub churches to over 50 church partners with Care Navigators serving in six counties in both

Northern and Southern California, with interest and plans for growth across the country.

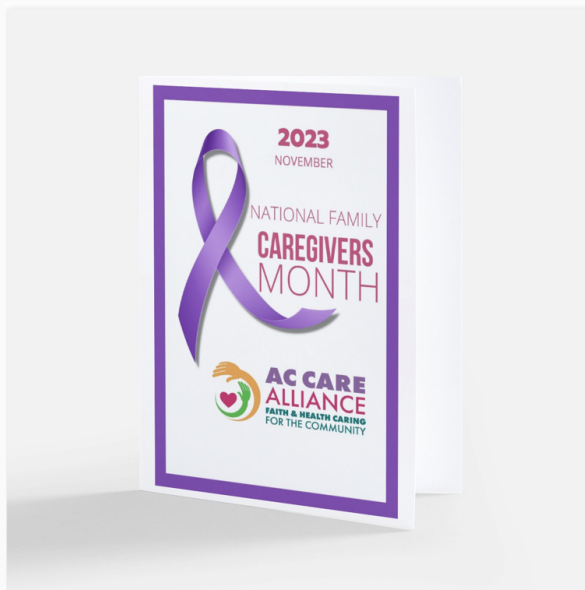
We Honor our great Creator, and truly appreciate the privilege to serve persons needing advanced illness care and their precious Caregivers.

Happy Thanksgiving to All!

With humility,



Rev. Cynthia Carter-Perrilliat
Cofounder, Executive Director



November is National Family Caregivers Month! AC Care Alliance recognizes the daily sacrifices caregivers make and the immense care they provide for their loved ones. Each year, ACCA honors currently and previously enrolled family caregivers by sending a special card from the Care Team.

AC Care Alliance was recently featured in an article published by the California Health Care Foundation. The article, entitled "Alliance with Black Churches Closes Care Gaps for Aging People," highlighted the work that AC Care Alliance Care Navigators are doing with persons needing care in the Bay Area and Los Angeles.



[Read CHCF Article](#)



Cultivating Gratitude

"It's so easy to get stuck in the muck of daily life. Bills to pay. Never ending to-do lists. Medical diagnoses. News articles featuring a poor economy and ongoing wars. But when we get stuck focusing on the seemingly negative, we often overlook the powerful practice of gratitude. Acknowledging and appreciating the positive things around us, whether big or small, can have a profound impact on our life.

Moments of gratitude surround the work of AC Care Alliance because it touches each person who interacts with the program. Whether an enrolled person needing care, a caregiver, or an ACCA team member, each one is impacted by being a part of this program....."

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